

Ashe House, Centre for MindBody Integration

Terms and Conditions for Residential Mindful Self-Compassion Intensive 1st-6th June 2025 at Drumalis Retreat Centre, Larne

Agreement

By submitting and signing an application form to Ashe House, Centre for MindBody Integration you are signifying your agreement to and acceptance of these Terms and Conditions.

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Payment Terms

After your registration application and following approval of your application by the lead teacher, you will receive a confirmation email together with an invoice. Your place is not booked until payment is received and you have received email confirmation from Ashe House that you have been accepted on to the course.

Payment is always due before the start of the course. The last pay before date and other terms of payment will be stated in the confirmation email with the invoice.

Your participation is final when the invoice has been paid within the stated business term of payment. Not paying in time can lead to cancellation of your participation.

If our invoice is not paid by the due date, the place will be released for other participants on the waiting list. This process reduces last minute cancellations, ensures that invoices are not left unpaid and that all places are allocated.

Applications will be accepted on the basis that you have met all the pre-requisites. If your application is not accepted and you

have already made payment then you will be refunded any payment that you have made in full.

Please do not make any travel arrangements until after you receive email confirmation of your booking. Ashe House cannot be held liable for any travel costs.

Cancellation Policy

Cancellation by the participant:

1. You may withdraw your application **more than four months** prior to the MSC intensive start date at which point you will be offered a full refund, minus £175 non-refundable deposit.

2. If you cancel your place for any reason between **three months and four weeks** before the course start date the following applies:

refund of 50% of the course costs paid minus £175 non-refundable deposit.

3. If you cancel **less than 4 weeks** before the start of the course no reimbursement, refund, or forward credit of the course will be offered.

4. No refunds or forward credits will be offered after the course has started, for example, if you leave the MSC Intensive or fail to turn up to the event.

5. Full payment due by Friday 28th March 2025

Cancellation by Ashe House:

If, in exceptional circumstances, the MSC Intensive cannot take place, for example, because the teacher is ill, you will be notified as early as possible. The course can be rescheduled and if this is not possible, the full course fee or the applicable part of it will be refunded.

Cancellation is also possible when the minimum number of participants for the course is not reached. In this case there will be a full refund of the course fee.

Ashe House is not liable for travel costs made for the course by the participant and no refund of these is possible.

Ashe House reserves the right to move events online where in-person events are not possible due to coronavirus (COVID-19) related requirements **or any other considerations**. We will notify participants of any changes via email and reimburse any difference between what you paid when booking and the online price by way of a forward credit or refund.

We strongly recommend participants have adequate insurance to cover any cancelled travel or personal expenses, as we cannot make reimbursements over and above our cancellation policy. All travel costs and other expenses are entirely your responsibility.

Requirements, Attendance and Conduct

You must advise us at the time of making your application if you have any specific needs so that we can contact you to discuss your requirements.

You must be at least 18 years of age to attend the residential MSC intensive.

You must ensure that you comply with all health and safety, licensing and other rules and regulations of the venue or applicable to the venue. It is your responsibility to familiarise yourself with any rules and regulations that apply.

You are expected to behave respectfully and politely throughout the residential MSC Intensive. We reserve the right, at our sole discretion, to ask you to leave if your behaviour is deemed by the teacher(s) to be disruptive in any way and you

agree to do so immediately. In such circumstances no transfer, refund or forward credit will be given.

Full attendance at the MSC Intensive is necessary to receive certificate of attendance and CPD hours..

Liability

By applying for the residential MSC Intensive, you assume responsibility for ensuring you are physically and psychologically fit to participate in the MSC Intensive and that you have consulted with your doctor or psychologist as necessary. Whilst Ashe House or its staff or representatives make no judgement as to your fitness to participate in the MSC Intensive, you should inform the teachers privately of any personal concerns that may arise as the MSC Intensive progresses. If for any reason the teachers find it necessary to ask you to leave the MSC Intensive then you agree to do so immediately. In such circumstances a refund, minus the €200 non-refundable deposit, will be given.

Some of the activities undertaken on the MSC Intensive are movement or floor based. It is always your responsibility to make a decision about whether to participate in a particular activity. If there is any doubt, the decision should always be to exercise caution and We recommend that you consult a doctor or health professional if you are ever unsure whether an activity is safe for you.

The MSC Intensive is not intended to be a substitute for counselling, psychotherapy or on-going medical advice from a qualified medical practitioner and subject to this clause Ashe House excludes any liability relating to any statement or representation made in respect of the therapeutic, psychological or medical benefits the MSC Intensive. Any unresolved issues which may surface for you and which may warrant medical treatment, counselling or psychotherapy will be at your own risk and expense.

You attend and participate in the residential MSC Intensive at your own risk. We accept no liability for:

- any costs or expenses arising out of or in connection with the MSC Intensive,
- loss or damage to personal property
- personal injury

Data Protection

Any personal information you supply to us will be processed in accordance with Our Privacy Policy, a copy of which can be found on Our website

Confidentiality

We take the confidentiality of those who come to our events and those who work with us very seriously. Teachers and staff members are under obligation to keep your information confidential.

From time to time, participants at a course may share sensitive information. We expect you to treat any information shared as confidential. We reserve the right to ask you to leave the MSC Intensive if such information is shared inappropriately, and you agree to do so immediately. In such circumstance no transfer, refund or forward credit will be given.